

# Keeping Senior Pets Healthy and Happy



**1 Schedule checkups** at least once every six months, or as advised by our veterinarians. With regular exams and blood work, we can screen for serious health problems such as:

- Diabetes
- Heart Disease
- Liver Disease
- Kidney Disease
- Arthritis
- Cancer
- Thyroid issues
- Dental disease

**2 Take care of your pet's pearly whites.** Pets with dental disease are more likely to be diagnosed with heart, liver and kidney problems.

- Watch for bad breath, red or swollen gums, discolored teeth or difficulty eating.
- Brush your pet's teeth regularly at home.
- Visit us for regular cleanings to guard against dental disease.



**3 Be a watch dog.** Call us if you notice anything unusual like:

- Lumps or bumps
- Limping or difficulty getting around
- Excessive scratching
- Changes in appetite, drinking habits or urination
- Hair loss or changes in quality of coat

**4 Find ways to make your home more comfortable:**

- Elevate food and water bowls
- Provide a heated orthopedic bed
- Add corner cushions to sharp furniture edges
- Clear any clutter to avoid tripping hazards
- Use pet ramps or pet stairs



**Age is just a number!**